



## **Praise The Lord**

Praise the Lord from the heavens  
Praise Him in the heights above  
Praise Him all His angels praise Him  
All His heavenly hosts  
Praise Him, praise the Lord.

Praise the Lord sun, moon  
Oh praise Him all you shining stars  
Praise the Lord earth, sea and ocean  
All you rain and skies  
Praise Him, praise the Lord  
Praise Him, praise the Lord

## **Chorus**

*Let us praise the name of the Lord  
For His name alone is exalted  
His splendor above  
All the earth and the sky  
He has raised up a King  
All the earth let us sing  
Let us praise the name of the Lord.*

Alleluia, alleluia  
Alleluia, alleluia  
Let us praise the name of the Lord  
Alleluia, alleluia  
Alleluia, alleluia  
Let us praise the name of the Lord

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## **Story Behind “Praise The Lord”.**

*One night while spending some solitary time on the floor of my family room with a lit candle and the book of Psalms, I came across Psalm 148. I was very moved by God’s spirit that night and went upstairs to my piano and before I knew it had written this song of reverence and praise. I hope this song allows you to focus on the majesty of God and all that He has created”.*



# Kelita

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## **Peace**

Peace you bring me peace  
In the waters of your love  
Flowing through the channels  
You have found in me

Peace you bring me peace  
I have waited for so long  
To drown myself in waves  
Of love you've given me

## **Chorus**

*Peace, peace  
I have been craving  
No more alone  
Peace, peace  
I have been waiting  
My heart is home*

Peace, you bring me peace  
In the waters of your love  
Flowing through the channels  
You have found in me

Peace, you bring me peace  
I have waited for so long  
To drown myself in waves  
Of love you've given me

## **Bridge:**

And when I call your name  
Gently on my tongue  
Jesus You always bring me

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## **Story Behind "Peace"**

*"Tormented for many years by worry and fear I suffered greatly from any form of peace of mind. After many years of being liberated, this song was an expression of that welcomed freedom. If you need peace in your life I think this song will be one that could encourage that. Or if you can relate to where I was and how peace did come then you can celebrate. In any case you can bask in the fact that God does want you to know His peace and love".*

*This song is dedicated to my sister Vian who passed away just before I released this album.*



### **In My Father's House**

**In my Father's love I am safe  
In my Father's love I will stay  
Nothing could ever come  
Come between us now  
Me and my Father.**

**In my Father's arms I am safe  
In my Father's arms there is strength  
Nothing could ever come  
Come between us now  
I've heard the Father calling my name.**

### **Chorus**

*And God will be our God  
And we will be His people  
He has promised to receive us  
When we separate ourselves from every sin  
Every thing unclean and not of Him.*

**In my Father's son I am safe  
In my Father's son there is grace  
Nothing could ever come  
Come between us now  
I've heard the Father calling my name.**

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### **Story Behind "In My Father's House"**

*"This song represents the love I feel for my heavenly Father. This means so much to me since I lost my father when I was only eleven years old and then after his passing was raised by an emotionally abusive stepfather. When I was 18 I walked away from my heavenly Father for many years. Having never known a lasting or healthy father daughter relationship, people can never comprehend the love of a father. I hope this song is an expression of being united with the unconditional love of God the Father".*



## **If My People**

If my people called by my name  
Will humble themselves and pray  
Seeking my face  
Turning from wicked ways  
Then will I hear from heaven  
I will forgive, I will forgive  
I will forgive their sins  
And I will heal their land

If my people called by my name  
Will humble themselves and pray  
Seeking my face  
Turning from wicked ways  
Then will I hear from heaven  
I will forgive, I will forgive  
I will forgive their sins  
And I will heal their land

## **Bridge**

*And I will heal every heart  
And I will set the captives free  
And every knee shall bow  
Every tongue confess  
In heaven and on earth  
His righteousness  
Christ Jesus is Lord*

If my people called by my name  
Will humble themselves and pray  
Seeking my face  
Turning from wicked ways  
Then will I hear from heaven  
I will forgive, I will forgive  
I will forgive their sins  
And I will heal their land.

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## **Story Behind “If My People”**

*“This song is a prayer and plea for the healing of our nation and world. Lately with so many natural disasters happening around the world I pray for the quick return of Jesus. I am afraid of what this world will be like for my grandchildren and their children, if our world even remains as we know it today. We only have hope in Him”.*



Kelita

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### **More of Jesus**

Strip away what isn't you  
Wanna feel I'm naked in a river  
Jumpin' in I feel the rush on my skin  
Like icy cold water  
Take my ego and my pride  
Clean away the junk inside  
Saturate me with your love  
The only thing I need more of is

### **Chorus**

*Jesus more of Jesus  
And less of everything in me.  
I need Jesus, more of Jesus  
Oh Lord you're all I need*

Touch me with your Holy flame  
Lord I wanna know that fire  
Stir the embers in my heart oh Lord  
Filling my desire  
Take the sin I try to hide  
Every ugly thought inside  
Touch me with your healing love  
The only thing I need more of is

I'm so desperate to be free  
I need more of you  
And you need more of me  
And you need more of me

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### **Story Behind "More of Jesus"**

*"Many years ago at a Transformations Conference I had a very supernatural experience with God. I don't know if I will experience anything like it again but it made a huge impact on my life at the time and I will never forget the physical connection I had with God. For over 30 minutes I was plugged into an electrical socket and the power of God was literally electrifying. My experience that day allowed me to realize that too often we dismiss the many levels that God can and wants to connect with us on".*



## **You Are So Good**

Oh when I get down  
Oh Lord I get so low  
I know that you  
Are praying for my soul  
You are so good

And when I'm discouraged  
And so tired of me  
And misery can't  
Seem to find company  
You are so good  
You are so good

### **Chorus**

*And Jesus I have never been so loved  
In my life  
In my life  
And Jesus I have never been this cared for  
In my life  
In my life*

When I've been let down  
By people that I love  
You give me strength  
To stand and rise above  
You are so good  
You are so good

### **Bridge**

I'm safe with your arms  
Wrapped around me  
In every ounce of your love  
There's every drop of your blood  
I'm grateful for your faithfulness  
And the power of your grace  
That surrounds me

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## **Story Behind "You Are So Good"**

*"This song was written after praying with a woman who was experiencing great emotional and physical turmoil. I know that we are at times conduits of Gods message and love. Accepting the love and prayers of others is God's way of loving us and communicating that to us. I really felt that I came into this woman's life that day because God wanted her to know He was right beside her. If you are going through something difficult even God is praying on your behalf".*



## **Not Gonna Worry**

### **Chorus**

*Oh Lord I'm not gonna worry  
Oh Lord I'm not gonna worry  
My rock and my salvation  
Never be never be shaken  
Oh Lord I'm not gonna worry  
Oh I'm not gonna worry  
You're there in every situation  
Never be I will never ever be shaken*

**The Lord's my shepherd  
I shall not want  
He makes me lie down  
In pastures of green  
He's leading me beside still waters  
My soul finds strength in Him alone.**

**Seek first His kingdom  
And His righteousness  
And all of these things will be given to you  
He says don't worry  
Don't worry about tomorrow  
'Cause tomorrow He'll take care of you**

**Do not be anxious  
But in everything give thanks  
You've got to get down on your knees  
And the peace of God  
That transcends all understanding  
He will guide you and protect you  
And He'll ease your worried mind**

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### **Story Behind "Not Gonna Worry"**

*"Although I am much better than I used to be, I still wrestle with worry. This was written during a time of purchasing a new home and not being able to sell the one we were living in. I put some well known scriptures together so that I could memorize these powerful words to encourage myself. I hope this song is a tool that you can hum, sing, recite when you find yourself feeling anxious. Worry really is wasted energy and changes absolutely nothing. This is a constant reminder to myself".*



## **My Sweet Lord**

I want to know you Lord  
Your Holy presence Lord  
Bathe in your glory  
Over and over, holy holy.  
My life is not complete  
With out your breath in me  
Bathe in your glory  
Over and over, holy holy.

### **Chorus**

*Oh my sweet Lord  
King of creation  
Light of my life  
Such peace you bring  
Oh my sweet Lord  
I am not anxious  
You are more precious  
Than anything  
My sweet Lord, my sweet Lord*

I want to praise you Lord  
Your holy presence Lord  
Bathe in your glory  
Over and over, holy holy.  
My life is not complete  
Without your breath in me  
Bath in your glory  
Over and over, holy holy.

### **Bridge**

Early in the morning  
When the sun breaks through the night  
I will sing - sing a new song  
To my Lord

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## **Story Behind “My Sweet Lord”**

*“This was written on one of my many music tours to Scotland. There is a beautiful tranquil setting up in the lush green hills near to where I have stayed many times and it is there that I have sat and meditated, basking in the Creators glory. It is one of my most favorite places in the world. I hope that the essence and spirit in which this song was written draws you close to God and touches your heart deeply”.*



## **I'm So Hungry**

Give me something outside the box  
Wide open spaces  
Humble my spirit, convict my heart  
Find me new places  
Far away from these limits I've known  
Help me step outside of my comfort zone.

### **Chorus**

*I'm so hungry for the love of Jesus  
Hungry and looking for a place  
I can truly know His presence  
I just came here to seek His face.*

Give me something much more than I've known  
Lord I am pleading  
Come and heal all your wounded lambs  
So many bleeding  
I'm just longing to know what you give  
Restore my soul and let this heart live

Hungry for Jesus  
Come Holy Spirit  
Fill me down deep in my soul  
My heart is crying  
So tired of trying  
Take me much deeper than I've ever known

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## **Story Behind "I'm So Hungry"**

*"During a time of transitioning and experiencing the need for spiritual growth and depth, this song weighed heavy inside of me. I have never been one to conform to any one style or brand of music and I experience that in my spiritual life as well. Sometimes we are screaming to get out of the box and do things differently than what everyone else is doing. This was a gentle way of expressing the strong desire to just simply experience God's presence and not all the other junk that gets in our way because of "church" or "religion".*



## **Sweeter Than Wine**

There will be songs of joy in heaven  
A choir of angels peacefully singing  
There will be love light overflowing  
When we see Jesus, Jesus.  
We will be ever true and faithful  
Gentle and kind and self-controlled  
There will be patience and goodness  
When we see Jesus, Jesus.

### **Chorus**

*And the fruit of the spirit  
And the love in every man's heart  
Is gonna be sweeter,  
Sweeter than honey  
Sweeter than sugar  
Sweeter than wine.*

Our children will ride on the wings of angels  
The lost paradise will forever be found  
And every tear drop will be wiped away  
When we see Jesus, Jesus.  
There will be glory, thanks and honour  
From every nation, people and tribe  
Prayers of the saints will be filling the kingdom  
When we see Jesus, Jesus.

No more hunger, no more greed  
No more anger, only peace  
And when He opens up His arms  
And we meet Him at the gate  
We're going to know the love of Jesus  
Face to face.

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## **Story Behind "Sweeter Than Wine"**

*"While working in the studio on the Spirit & Truth CD Gord was practicing his bass and began to play the bass riff that begins this song. I loved what he was playing and pulled out my lyric book and began singing along. Before we knew it the song was birthed. Lyrically it is built on the 'fruits of the spirit' which come from the popular scripture and is my vision of what heaven might look like one day".*



# Kelita

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## **There Will Be Joy**

You never give me more  
Than you know I can handle  
Tough times a hurting heart  
Troubled waters and an aching soul  
But you breathe on me breath  
And fill me with your spirit  
And though I weep  
There will be joy

### **Chorus**

*There will be joy  
There will be joy  
Be strong, take heart  
All those who wait on the Lord  
There will be joy.*

You never lead me down  
Any road I cannot travel  
Even when these bleeding feet  
Can't walk another mile  
When each step that I take  
Is more broken than the last one  
But when I fall  
I'm down on my knees

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## **Story Behind "There Will Be Joy"**

*"This song is a remnant from the "Because of Love" story which never made it on to that CD. While experiencing turmoil in my marriage I was still able to write about seeing beyond the pain and rejection. I would never have been able to write such a song without the strength that I received from my faith and trust in God during one of the most painful times in my life. I hope this message will encourage you, knowing that in extreme times of devastation we can be secure in the fact that the sun will shine brighter and we will stand again... and even experience happiness and joy".*