



FOOD DONATION GUIDELINES

- YES** FRUIT AND VEGETABLES of an EDIBLE QUALITY
- YES** BEST BEFORE DATE - 24 hours before day of
- YES** FROZEN MEATS & SEAFOOD, frozen by best before date
- YES** REFRIGERATED FOOD < 4° C
- YES** Cleaning products, toiletries, paper products, and diapers
- NO** HEAVY FRUITS AND VEGETABLES on softer produce
(i.e. tomatoes or peaches)
- NO** OPEN dry good PACKAGES with food exposed
- NO** Medications

Thank you for supporting the hungry in Halton

Food for Life – Box 52121, Oakville, ON – Phone - 905-635-1106 / 905-510-5724